

Publikationen und Referate

Dr. Tania Bermudez

Peer-Reviewed Publikationen und Buchkapitel

Nigg, C. R., Reimann, L., Schnegg, S., & **Bermudez, T.** (2024). In S. Razon & M. L. Sachs (Eds.), *Applied exercise psychology: The challenging journey from motivation to adherence* (second edition). Routledge.

Scholz, U., **Bermudez, T.**, & Freund, A. M. (2023). COVID-19 protective behaviors: A longitudinal study applying an extended protection motivation theory. *Health Psychology, 42*(11), 822–834. <https://doi.org/10.1037/hea0001322>

Bierbauer, W., **Bermudez, T.**, Bernardo, A., Fleisch-Silvestri, R., Hermann, M., Schmid, J.-P., Kowatsch, T., & Scholz, U. (2023). Predicting physical activity following cardiac rehabilitation: A longitudinal observational study. *Rehabilitation Psychology, 68*(3), 338. <https://doi.org/10.1037/rep0000490>

Bermudez, T., Maercker, A., Bierbauer, W., Bernardo, A., Fleisch-Silvestri, R., Hermann, M., Schmid, J.-P., & Scholz, U. (2022). The role of daily adjustment disorder, depression and anxiety symptoms for the physical activity of cardiac patients. *Psychological Medicine, 53*(13), 5992-6001. <https://doi.org/10.1017/S0033291722003154>

Bierbauer, W., **Bermudez, T.**, Bernardo, A., Fleisch-Silvestri, R., Hermann, M., Schmid, J.-P., Kowatsch, T., & Scholz, U. (2022). Implementation of a novel medication regimen following cardiac rehabilitation: An application of the Health Action Process Approach. *International Journal of Behavioral Medicine, 30*(1), 30-37. <https://doi.org/10.1007/s12529-022-10067-9>

Jellestad, L., Meier, V. G., Bierbauer, W., **Bermudez, T.**, Auschra, B., Günther, M. P., Scholz, U., von Känel, R., Hermann, M., & Euler, S. (2022). Differential associations of emotional and physical domains of the MacNew Heart with changes in 6-min walking test. *Quality of Life Research, 32*(2), 615-624. <https://doi.org/10.1007/s11136-022-03247-3>

Bermudez, T., Bolger, N., Bierbauer, W., Bernardo, A., Fleisch-Silvestri, R., Hermann, M., Schmid, J.-P., & Scholz, U. (2021). Physical activity after cardiac rehabilitation: Explicit and implicit attitudinal components and ambivalence. *Health Psychology, 40*(8), 491–501. <https://psycnet.apa.org/doi/10.1037/hea0001109>

Bermudez, T., Bierbauer, W., Scholz, U., & Hermann, M. (2021). Depression and anxiety in cardiac rehabilitation: differential associations with changes in exercise capacity and quality of life. *Anxiety, Stress, & Coping, 1*-15. <https://doi.org/10.1080/10615806.2021.1952191>

Bierbauer, W., Scholz, U., **Bermudez, T.**, Debeer, D., Coch, M., Fleisch-Silvestri, R., ... & Hermann, M. (2020). Improvements in exercise capacity of older adults during cardiac rehabilitation. *European Journal of Preventive Cardiology, 27*(16), 1747-1755. <https://doi.org/10.1177%2F2047487320914736>

Bermudez, T., & Souza, A. S. (2017). Can emotional content reduce the age gap in visual working memory? Evidence from two tasks. *Cognition and Emotion, 31*(8), 1676-1683. <https://doi.org/10.1080/02699931.2016.1240066>

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Bermudez, T., Bierbauer, W., & Scholz, U. (2022 – August). *Sedentary behavior after cardiac rehabilitation: Explicit and implicit attitudinal components and ambivalence*. Talk presented at the 36th Annual Conference of the European Health Psychology Society, Bratislava, Slovakia.

Bermudez, T., Scholz, U., Bierbauer, W., & Hermann, M., (2019 – September). *Depression and anxiety as risk factors for cardiac rehabilitation outcomes*. Talk presented at the 33rd Annual Conference of the European Health Psychology Society, Dubrovnik, Croatia.

Bermudez, T., Bierbauer, W., Scholz, U., & Maercker, A. (2019 - May). *Physical activity and adjustment disorder in cardiac disease patients: An intensive-longitudinal study*. Poster presented at MaDoKo 2019, Zurich, Switzerland.

Bermudez, T., Bierbauer, W., Scholz, U., & Maercker, A. (2019 – May). *Physical activity and adjustment disorder in cardiac disease patients: An intensive-longitudinal study*. Poster presented at the URPP Site Visit 2019, Zurich, Switzerland.

Bermudez, T., Bierbauer, W., Maercker, A., & Scholz, U. (2018 – November). *Anpassungsstörung bei kardiovaskulärer Erkrankung*. Talk presented at the 3. CCMH Symposium 2018, Zurich, Switzerland.

Bermudez, T., Bierbauer, W., Maercker, A., & Scholz, U. (2018 – October). *Adjustment disorder in cardiovascular disease patients: An intensive-longitudinal study*. Talk presented at the LIFE Fall Academy 2018, Charlottesville, Virginia, United States.

Bermudez, T., Bierbauer, W., Scholz, U., & Maercker, A. (2018 – June). *Culturally sensitive activities and objects associated with physical activities and sedentary behavior in a German-speaking context*. Poster presented at ICAP 2018, Montreal, Canada.

Bermudez, T. (2018 – June). *Physical activity and adjustment disorder in cardiovascular disease patients: An intensive-longitudinal study*. Talk presented at the LIFE Spring Academy 2018, Berlin, Germany.

Bermudez, T., Bierbauer, W., Scholz, U., & Maercker, A. (2017 – November). *Socio-cognitive factors of behavior change and adjustment disorder: An intensive-longitudinal study with coronary heart disease patients*. Poster presented at URPP In-House Conference 2017, Kartause Ittingen, Switzerland.

Bermudez, T., Bierbauer, W., Scholz, U., & Maercker, A. (2017 – October). *Physical activity in coronary heart disease patients: An intraindividual dual-systems approach to the Theory of Planned Behavior*. Poster presented at the LIFE Fall Academy 2017, Zurich, Switzerland.

Bermudez, T., Bierbauer, W., Scholz, U., & Maercker, A. (2017 – May). *Socio-cognitive factors of behavior change and adjustment disorder: An intensive-longitudinal study with coronary heart disease patients*. Poster presented at MaDoKo 2017, Zurich, Switzerland.

Bermudez, T., Bierbauer, W., Scholz, U., & Maercker, A. (2017 – May). *Socio-cognitive factors of behavior change and adjustment disorder: An intensive-longitudinal study with coronary heart disease patients*. Poster presented at the LIFE Spring Academy 2017, Ann Arbor Michigan, United States.

Bermudez, T., & Souza, A. S. (2015 – September). *Age differences in the processing of emotion in visual working memory*. Poster presented at the 14th SSP/SGP Conference, Geneva, Switzerland.